# Fangfoss, Spittal and Bolton Coronavirus Support Newsletter 20th May

Contact details requests for help, Pamela Broughton 01759 368125 or 07785 536679

## Dear Neighbours,

Over the last week there have been many changes announced in the management of coronavirus. Nevertheless the Government statistics indicate that as many thousands of people are contracting the virus every day. It is therefore important that we remain alert to the actions required to keep ourselves, our families and our communities safe and to prevent a second peak. Within our villages we have a large number of elderly and vulnerable people who will still be self-isolating. As we have been told the two most important things we can do are 1) wash our hands regularly – for 20 seconds with soap and especially when we have been outside the house and 2) keep our distance – at least two metres and in any activities we participate in outside the house we should only meet with one other person while keeping that distance apart.

Unfortunately we have heard that there is a cluster of Covid cases in Stamford Bridge. Cases of coronavirus in East Yorkshire are expected to peak around mid-May so please stay alert.

It is worth remembering that the virus can last for up to five days on hard surfaces (24 hours on paper and cardboard). Wearing gloves is a sensible protection when dealing with hard surfaces when away from the house, for example when visiting the phone boxes in our villages for jigsaw puzzles or dealing with deliveries or when using the bus.

Please think of others when you are out and about, you could be contagious with Covid 19 for up to two weeks before symptoms appear so keeping safe makes sense for everyone.

#### Volunteers

Although some people may now be able to get out more we still have vulnerable and older people in the village who may need help for example with collecting prescriptions. Our volunteers are still available so please do not hesitate to ask for help.

### **VE Day**

It was wonderful to hear that so many people celebrated VE Day. Please send your photos and stories about the day. Also we are still collecting any anecdotes about the original VE Day – we have been sent a few but would like to hear from you if the event on the day prompted any more tales in your family.

#### **Carpenters Arms**

Sally and John have had to change their way of operating on advice from the Licensing Authorities. All drinks will have to be ordered in advance and must be collected in closed containers. Please phone at least ten minutes in advance 01759 369745.

#### **Airfield Nurseries**

Thank you to the Nurseries who have donated plants to the exchange at the pub.

## Cycling

Thanks to Victoria, Charlotte and Jarrod for donating more bikes to the village. We have already re-housed two of their bikes but still have a Unisex adult Café Real, 4 speed Shimano hub gears, 21" frame (as photograph below left) and a youngsters bike suitable for 7 to 12 year olds, 21 gears, well used but in good condition (below right). We also have a second bike for this age group and one for 4 to 8 year olds that are in the process of being checked over (photographs not available yet). Please phone Friday if you are interested.





### **Food Banks**

The People's Pantry project which collects for those in need has appealed for help. This project which provides food parcels has seen a four-fold increase in demand during the coronavirus lockdown. There are collection points at Beck Cottage in Bolton (plastic lidded box on side of pavement) and at St Martin's School in Fangfoss (blue wheelie bin inside the small gate). Please donate groceries, toiletries and snacks. They are also appealing for cash donations which can be made by contacting Pocklington & District Lions on 07483 234776

Village website: www.fangfoss.net

Supported by Fangfoss with Bolton Parish Council and St Martin's Church, Fangfoss

Contact details for volunteers or requests for help

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